

DEAR GUEST

AWARENESS



It is estimated that within 20 years, approximately 48 countries, more than 2.8 billion people, will be affected by water scarcity, and another 9 countries, including China -the world's most populous country, with about a third of the world's population-, will be close to suffer the lack of precious liquid. Beyond the impact of population growth itself, freshwater consumption has been increasing in response to industrial and agricultural development, and the population growing demand has tripled. In addition, the problem is intensified because the supply of fresh water available to humanity is being reduced by constant contamination of water sources.

While in many places clean fresh water is taken for granted, in others it is a scarce resource due to lack of water or contamination of their sources. Approximately 1.1 billion people, i.e. 18% of the world's population do not have access to safe drinking water sources, and more than 2.4 billion people lack proper sanitation services.

In developing countries, more than 2.2 billion people, most of them children, die each year from diseases associated with lack of access to drinkable water, inadequate sanitation and unhealthy conditions.

Water consumption, contaminated food, or disease-carrying organisms that breed in water, can cause directly or indirectly disease in people. The risk of certain diseases and the consequent death could be reduced up to 75% with the adequate supply of drinkable water and sanitation. As population increases, the demand for potable water, for food production, industrial uses and domestic uses increases.

Every time we drink a sip of water, we might think it is fresh and new water that is used for the first time.

Now we have all the water that our children can have, they will never have more water than us, on the contrary, if we continue like this, they will have less and they will have to distribute it among many more people.

TIPS FOR WATER SAVING

1. Do not spill frying oil through the drain, this is harmful to the environment. One liter of oil can contaminate up to 400,000 liters of water. Used frying oil must be deposited in a specially designed container.
2. To detect possible water leaks, it is also convenient to periodically close all water taps and check if the water meter continues to run. One drop per second equals 30 liters per day.
3. Do not over-rinse dishes and kitchen elements.
4. Take short showers (you can save up to 45 liters of water per minute less in the shower).
5. If you put two bottles filled with water in the toilet tank, you save 2 to 4 liters each time you use it. Do not use the toilet as a garbage can. Cottons, make-up removers, sanitary pads, tampons, cigarette butts, etc., should not be thrown into the toilet; the pollution is multiplied by increasing the number of times the toilet is flushed.
6. Turn off the tap by shaving or brushing your teeth, you can save up to 10 liters per wash.
7. Take a shower instead of a bath, it will save 150 liters.
8. Repair damage to taps and pipes. A dripping tap loses up to 30 liters per day.
9. Water the plants in the evening to avoid evaporation. ¡Plants will thank you!
10. Fill your washer and dishwasher to full capacity every time you use them
11. Do not use the showers on the beaches, it is an unnecessary luxury.
12. Use ecological detergents, without phosphates.
13. Choose native butterfly-loving plants for your garden, they consume less water than exotic plants, and do not require chemicals for their maintenance.
14. Use or install water savers in the taps. Consumption will be reduced.
15. When you want to drink water, is better to keep a bottle of drinking water in the refrigerator instead of let tap water run until you get it cold.
16. When cleaning a car, fill a bucket with water and use a sponge. That can save about 300 liters of water.
17. If a toilet continues pouring water after flushing, it can waste up to 200,000 liters of water in a single year. And it is estimated that a large percentage of toilets in use in modern homes are having leaks.



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LET'S SAVE ENERGY



Electrical energy savings is a key element for the use of energy resources; saving energy is equivalent to reduce consumption of fuel in the electricity generation avoiding also the emission of pollutant gases into the atmosphere.

We have in our country a lot of energy sources. The majority of electricity generation is through oil, coal and natural gas, which significantly impacts the environment by relying on non-renewable resources, such as fossil fuels. By using these resources, a large amount of greenhouse gases are emitted to the atmosphere, which causes global warming.

Saving and efficient use of energy, as well as environmental care, does not mean sacrifices on our part, a reduction of our level of well-being or loss of satisfaction in our daily needs. On the contrary, a change of habits and attitudes can promote the efficient use of energy, the rational use of resources, the protection of the family economy and the preservation of our natural environment.

Here are some tips to save energy and help the planet:



TIPS FOR ENERGY SAVING

1. When not using the office equipment e.g., computers, photocopiers, etc., for more than half an hour, do not forget that the best way to save energy is to turn them off.
2. For short breaks, turn off the monitor of your PC, it is responsible for most of the power consumption. The power consumption of the monitor is equivalent to that of a 75w bulb.
3. Do not turn on the lights if it is not necessary.
4. If you are the last leaving your office, make sure all lights are turned off as are office equipment.
5. If you use the stairs instead of using the elevator, you will exercise and at the same time you will save energy.
6. Replace common light bulbs with energy-saving light bulbs.
7. Turn off your computer at night, as well as other devices when not in use (most consume even if they are not used).
8. If not necessary do not preheat the oven and do not leave its door open.
9. Hang washed clothing outside to dry.
10. Join a carpool or use public transportation.
11. Keep your vehicle properly serviced.
12. Use rechargeable batteries.

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